

## Water Drinking Table

8 oz	1 cup		
16 oz	2 cups		
24 oz	3 cups		
32 oz	4 cups	1 quart	
34 oz	4.2 cups		1 liter
40 oz	5 cups		
48 oz	6 cups		
56 oz	7 cups		
64 oz	8 cups	2 quarts	
68 oz	8.5 cups		2 liters
72 oz	9 cups		
80 oz	10 cups		
88 oz	11 cups		
96 oz	12 cups	3 quarts	
101 oz	12.7 cups		3 liters
104 oz	13 cups		
112 oz	14 cups		
120 oz	15 cups		
128 oz	16 cups	4 quarts	1 gallon
135 oz	16.9 cups		4 liters